



# Checklist

## MODULE 2

### Section One

#### ***The Role of an Infant and Early Childhood Mental Health Consultant***

Review the handout titled “Types of Consultation Services” at [https://www.samhsa.gov/sites/default/files/programs\\_campaigns/IECMHC/types-consultation-services.pdf](https://www.samhsa.gov/sites/default/files/programs_campaigns/IECMHC/types-consultation-services.pdf).

Read the handout titled “Qualifications of an Infant and Early Childhood Mental Health Consultant” at [https://www.samhsa.gov/sites/default/files/programs\\_campaigns/IECMHC/qualifications-infant-early-childhood-mental-health-consultant.pdf](https://www.samhsa.gov/sites/default/files/programs_campaigns/IECMHC/qualifications-infant-early-childhood-mental-health-consultant.pdf).

Review the resource titled, *About Infant and Early Childhood Mental Health Consultation*, at [https://www.samhsa.gov/sites/default/files/programs\\_campaigns/IECMHC/about-infant-and-early-childhood-mental-health-consultation.pdf](https://www.samhsa.gov/sites/default/files/programs_campaigns/IECMHC/about-infant-and-early-childhood-mental-health-consultation.pdf).

Review the resource titled, *Center of Excellence for Infant and Early Childhood Mental Health Consultation Competencies*, at [https://www.samhsa.gov/sites/default/files/programs\\_campaigns/IECMHC/infant-early-child-mental-health-consult-competencies.pdf](https://www.samhsa.gov/sites/default/files/programs_campaigns/IECMHC/infant-early-child-mental-health-consult-competencies.pdf).

Read the article “Toward common guidelines for training, comportment, and competence in early childhood mental health consultation” found in the May 2013 Zero To Three issue, page 52.

Read through the article titled, *The Consultation Relationship—From Transactional to Transformative: Hypothesizing About the Nature of Change*.

Read Chapter One (Principles, Practices, and the Consultative Stance) of the book titled, *Mental Health Consultation in Child Care: Transforming Relationships Among Directors, Staff, and Families*.

Access resources that are specific to workforce development and that outline such supports for IECMH consultants as training and supervisory practices. Find this resource at <https://www.samhsa.gov/iecmhc/toolbox/workforce-development>.

Review two resources part of the *Infant and Early Childhood Mental Health Consultation Toolbox*:

- Arizona’s “Smart Support” approach for “goodness of fit,” a checklist for supervisors to use for reflecting on the developing skills of the infant and early childhood mental health consultant following supervision. [https://www.samhsa.gov/sites/default/files/programs\\_campaigns/IECMHC/az-smart-support-approach-goodness-fit.pdf](https://www.samhsa.gov/sites/default/files/programs_campaigns/IECMHC/az-smart-support-approach-goodness-fit.pdf).
- Colorado’s IECMH interview questions: “Kid Connects Mental Health Consultant,” which includes sample questions for hiring an infant and early childhood mental health consultant. [https://www.samhsa.gov/sites/default/files/programs\\_campaigns/IECMHC/colorado-iecmhc-interview-questions.pdf](https://www.samhsa.gov/sites/default/files/programs_campaigns/IECMHC/colorado-iecmhc-interview-questions.pdf).



# Checklist

## MODULE 2

### Section Two

#### **Michigan's Infrastructure and State-Level Support**

Access the Michigan Department of Health and Human Services website at [https://www.michigan.gov/mdhhs/0,5885,7-339-71550\\_2941\\_4868\\_7145-14659--,00.html](https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941_4868_7145-14659--,00.html).

Review the Michigan 0-8 Social and Emotional Toolkit at [https://www.michigan.gov/mdhhs/0,5885,7-339-71550\\_2941\\_4868\\_7145\\_64838---,00.html](https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941_4868_7145_64838---,00.html).

Watch the video *Systems: Collaboration as an Ongoing Commitment to Implementation and Innovation*, at [https://www.youtube.com/watch?v=n9A-xL7NsH8&feature=youtu.be&list=PLBXgZMI\\_zqfSphRqkJQKvaNZmKtaBOB25](https://www.youtube.com/watch?v=n9A-xL7NsH8&feature=youtu.be&list=PLBXgZMI_zqfSphRqkJQKvaNZmKtaBOB25).

Watch the video *Systems: Colorado Case Study*, at [https://www.youtube.com/watch?v=-m5ai8blaPRA&feature=youtu.be&list=PLBXgZMI\\_zqfSphRqkJQKvaNZmKtaBOB25%3F](https://www.youtube.com/watch?v=-m5ai8blaPRA&feature=youtu.be&list=PLBXgZMI_zqfSphRqkJQKvaNZmKtaBOB25%3F).

Review the state-level technical assistance document, The Michigan IECMHC Model Fidelity Checklist, located in Appendix A, with the consultant.

Review the document titled, Training and Workforce Development Activities that Prepare and Support IECMH Consultants at [https://www.samhsa.gov/sites/default/files/programs\\_campaigns/IECMHC/training-workforce-dev-activities-prepare-support-iecmhc-consultants.pdf](https://www.samhsa.gov/sites/default/files/programs_campaigns/IECMHC/training-workforce-dev-activities-prepare-support-iecmhc-consultants.pdf).

Take time to meet with the consultant to discuss his or her learning experience and reflections following a cross-county shadowing experience. Ask the consultant the following questions:

- What went well?
- What felt challenging?
- How did this shadowing experience allow you to see the work of an IECMH consultant differently? What did you already know or believe that was then confirmed by this experience?
- Are there topics that you would like to know more about or resources that you might need to help you implement what you have been learning?



# Checklist

## MODULE 2

### Section Three

#### ***Developing Partnerships***

Read the article, *The Dance of Partnership: Why Do My Feet Hurt*, located in your handouts.

Review resources made available through the U.S. Department of Health and Human Services, Substance Abuse and Health Services Administration, by the Center of Excellence for Infant and Early Childhood Mental Health Consultation. at <https://www.samhsa.gov/iecmhc/toolbox/communications>.

Read the “Collaborative Partnership Guiding Questions” on page 8 in the resource titled *Center of Excellence for Infant and Early Childhood Mental Health Consultation: Overview of the IECMHC Approach Within the Early Childhood System*, at <https://www.samhsa.gov/sites/default/files/overview-iecmhc-approach-within-early-childhood-system.pdf>.

Review Vignette 11, “Talking With a Family About a Community Referral for Additional Services,” which is on page 50 of the resource titled *A Day In the Life of an Early Childhood Mental Health Consultant*, at [https://www.ecmhc.org/documents/Day\\_in\\_the\\_Life\\_MH\\_Consultant.pdf](https://www.ecmhc.org/documents/Day_in_the_Life_MH_Consultant.pdf). Talk through the discussion questions with the consultant, and consider the importance of community-level partnerships.

